

## **MINOR EYE CONDITIONS SERVICE**



If you have any eye problems, including eyelids, please do not contact your GP because they will direct you to an optician.

Most opticians are part of the Minor Eye Conditions Service (MECS), a free service provided by the NHS. They are the most appropriate professionals to deal with problems connected to the eye.

One exception to this is headaches associated with your vision; that need a GP's attention.

### **What Conditions Can Be Treated by the Service?**

If you are experiencing:

Red eye or eyelids, Dry, gritty or uncomfortable eyes, Eye irritation and inflammation, A lot of recent discharge from the eye or watery eye, Recently occurring flashes or floaters, Painful eye, Ingrowing lashes, Recent and sudden loss of vision, Foreign body in the eye

...you can arrange an appointment with an optometrist through the Minor Eye Conditions service.

Please be aware that this is not necessarily a walk-in service and may require an appointment. If your optician cannot offer a convenient appointment, they will advise you which other opticians in the area offer this service.

For more information online, just search for MECS